



North Dakota Ballet Company & Academy

2024 Summer Classes & Camps

Throughout summer sessions dancers will have the opportunity try new genres of dance with a variety of styles, hone their technical skills, and experience a variety of fun and unique class formats.

**A minimum of one session is required for all Competitive Team Dancers to include jazz and ballet. A minimum of one session of ballet is required for all Apprentice/Youth Ballet Company Dancers. Additional sessions and classes are highly encouraged.*

Sessions:

Session I: June 3 – June 27
Session II: July 8 – August 1

Prices:

Unlimited - \$235 a session
6 classes - \$220 a session
5 classes - \$185 a session
4 classes - \$150 a session
3 classes - \$115 a session
2 classes - \$80 a session
1 60 min class - \$45 a session
1 45 min class - \$40 a session
1 30 min class - \$35 a session

Registration Deadlines:

Session 1: June 1
Session 2: July 6

**Class minimums required.



Session 1: June 3 – June 27

Monday

Studio A

4:00 – 5:00 Latin 9-12
5:00 – 6:00 Latin 13+
6:00 – 7:00 Int./Adv. Ballet 13+
7:00 – 8:00 Pointe All Levels

Studio B

5:00 – 6:00 Variations 9-12
6:00 – 7:00 Stretch/Strength 9-12

Tuesday

Studio A

4:15 – 5:00 Ballet 6-8
5:00 – 5:45 Jazz 6-8
6:00 – 7:00 Int./Adv. Jazz 13+
7:00 – 8:00 Jumps/Turns 13+

Studio B

5:00 – 5:45 Pre-Ballet 3 – 5
6:00 – 7:00 Hip Hop 9-12

Wednesday

Studio A

4:00 – 5:00 Tricks 9-12
5:00 – 6:00 Jazz 9-12
6:00 – 7:00 Tricks 13+
7:00 – 8:00 Contemporary 13+

Studio B

4:30 – 5:00 Baby Ballet
5:00 – 5:45 Pre-Ballet 3 – 5

Thursday

Studio A

4:00 – 5:00 Ballet 9-12
5:00 – 6:00 Contemporary 9-12

Studio B

5:15 – 6:00 Hip Hop 6-8
6:00 – 6:45 Lyrical 6-8

Session 2: July 8 – August 1

Monday

Studio A

4:00 – 5:00 Ballet 9 – 12
5:00 – 6:00 Variations 13+
6:00 – 7:00 Int./Adv. Ballet 13+
7:00 – 8:00 Pointe All Levels

Studio B

5:00 – 6:00 Pre-Pointe
6:00 – 7:00 Contemporary 9-12

Tuesday

Studio A

4:15 – 5:00 Ballet 6-8
5:00 – 5:45 Jazz 6-8
6:00 – 7:00 Int./Adv. Jazz 13+
7:00 – 8:00 Jumps/Turns 13+

Studio B

5:00 – 5:45 Pre-Ballet 3 – 5
6:00 – 7:00 Stretch/Strength 9-12

Wednesday

Studio A

4:00 – 5:00 Jumps/Turns 9 - 12
5:00 – 6:00 Jazz 9 - 12
6:00 – 7:00 Stretch/Strength 13+
7:00 – 8:00 Contemporary 13+

Studio B

4:30 – 5:00 Baby Ballet
5:00 – 5:45 Pre-Ballet 3 – 5

Class Descriptions:

Pre-Ballet (ages 3 – 5) Dance, twirl, and spin to the music while learning ballet basics, creative movement, and rhythmic games.

Ballet (Ages 6 - 8, 9 - 12, 13+) Explore the beauty of ballet while learning ballet foundations or advancing their skills through a traditional ballet class format.

Pointe ALL LEVELS (approval required) Advanced dancers that are approved for pointe class will work on developing or enhancing their pointe skills while strengthening and lengthening their muscles to learn the proper technique of pointe dancing. Pre-pointe dancers are welcome! (Approval required)

Jazz (Ages 6 - 8, 9 - 12, 13+) Explore the rhythms and beats in this fun and energetic class. Dancers will explore a variety of techniques and styles of jazz dance while moving and grooving to the beat.

Jumps/Turns Class (Ages 9 – 12, 13+) This high energy class focuses on the proper technique needed for jumps, leaps, and turns all while learning new sequences!

Contemporary/Lyrical (Ages 6-8, 9-12, 13+) Experience the synergy of lyrical and modern dance as you explore this fun and creative movement style!

Variations (Ages 9-12, 13+) Embrace the classics as dancers focus on learning a variety of classical ballet variations and the history behind ballet.

Stretch & Strengthen (Ages 9-12, 13+) This high energy class focuses on developing strength and muscle tone all while building endurance, flexibility and coordination. This class includes a wide variety of exercises and techniques to help create well-rounded dancers.

Tricks (12+) Tricks dance combines classical dance technique with acrobatic elements. This class explores the latest moves in the dance world. Have fun while working on exciting new skills and tricks.

Baby Ballet (Ages 18 months – 2 years). This exciting class is a great way to get dancers introduced to the basics of movement, and music in a fun and collaborative parent-child class atmosphere!

Latin (Ages 9-12, 13+) Learn the elements of Latin dance fused with jazz dance styling for a fun, high energy class.

Hip Hop (6-8, 9-12) This high energy, fast paced class explores a wide range of hip hop styles set to today's popular music. This class encourages dancers to develop their own style while exploring the various rhythms of their favorite songs.

Children's Dance Camps

Each day camp is jam-packed with fun activities: making crafts, imagination, learning fun dance steps and more! Explore Arendelle with Elsa and Anna, discover your gift with Mirabel, find your voice with Ariel, save the day with your pals from Paw Patrol, and much more! There is something for everyone in these fun filled one day camps.

Fees for children's dance camp include instruction, crafts, and snack. Register for just one or all of them! We look forward to dancing with you on a magical adventure this summer! **All camps are for ages 3 – 10.**



Times: 9:00 am – 12:00 pm

Prices: \$35 per camp

Camp Sessions:

Encanto Dance Camp: June 4th

Barbie Dance Camp: June 6th

Wish Dance Camp: June 11th

Frozen Dance Camp: June 13th

Elemental Dance Camp: June 18th

Little Mermaid Dance Camp: June 20th

Bluey Dance Camp: June 25th

Mickey Mouse Dance Camp: June 27th

Spidey and Friends Dance Camp: July 9th

Trolls Band Together Camp: July 11th

Paw Patrol Dance Camp: July 16th

Barbie Dance Camp: July 18th

Gabby's Dollhouse Dance Camp: July 23rd

Princess Dance Camp: July 25th

Competition TEAM: Choreography Camp!

NDBC holds a **MANDATORY** competition team camp for all competitive teams. Teams will work on fun teambuilding exercises, as well as get a jumpstart on learning their competition dances for the 2024/2025 season!

(Camp is exclusively for competition team dancers. Audition dates and times TBA - Contact Natalie at natalie.koch@northdakotaballet.org for more information.)

Session:

July 29th – August 2nd (Monday – Friday)

Diamonds/Emeralds/Crystals/Sapphires

Time: 9:00am -3:00pm

Price: \$300

Rubies

Time: 9:00am – 12:00 PM ONLY

Price: \$150

Pearls are not required for camp but are encouraged to take one summer session class.

Youth Ballet Intensive Camp

NDBC is proud to provide professional training opportunities for dancers to study classical ballet. Our **MANDATORY** summer camp will include intensive skill building, company teambuilding, and choreography sessions for the Youth Ballet Company's 2024 Holiday Show.

(Camp is exclusively for Youth Ballet Company dancers. Audition date and times TBA - Contact Lauren at lauren.theurer@northdakotaballet.org for more information.)

Session:

August 12th – August 15th (Monday-Thursday)

Apprentice III and IV

Time: 9:00am – 3:00 pm

Price: \$240

Pre-Apprentice, Apprentice I and II

Time: 9:00 – 12:00 PM ONLY

Price: \$120