



North Dakota Ballet Company & Academy

2025 Summer Classes & Camps

Throughout summer sessions dancers will have the opportunity to try new genres of dance with a variety of styles, hone their technical skills, and experience a variety of fun and unique class formats.

***A minimum of one session is required for all Competitive Team Dancers to include jazz and ballet. A minimum of one session of ballet is required for all Apprentice/Youth Ballet Company Dancers. Additional sessions and classes are highly encouraged.**

Sessions

- Session I: June 2 – June 26
- Session II: July 7 – July 31

Prices

- Each 30 min class: \$35 per session
- Each 45 min class: \$45 per session
- Each 60 min class: \$52 per session
- All themed camps: \$35 per camp

Registration Deadlines

- Session 1: June 1
- Session 2: July 6

**Class minimums required*



Session 1: June 2 - June 26

Monday

Studio A

4:00 - 5:00 Tap 10+
5:00 - 6:00 Contemporary 13+
6:00 - 7:00 Int./Adv. Ballet 13+
7:00 - 8:00 Pointe - all levels

Studio B

4:00 - 4:30 Baby Ballet
4:30 - 5:15 Pre-Ballet 3-5
5:15 - 6:15 Ballet 9-12
6:15 - 7:15 Pre-Pointe

Tuesday

Studio A

4:00 - 5:00 Nationals Rehearsals
5:00 - 6:00 Nationals Rehearsals
6:00 - 7:00 Nationals Rehearsals
7:00 - 8:00 Nationals Rehearsals
8:00 - 9:00 Nationals Rehearsals

Studio B

4:00 - 4:45 Jazz 6-8
4:45 - 5:30 Tap 6-9
5:30 - 6:30 Contemporary 9-12
6:30 - 7:30 Musical Theater 9-12

Wednesday

Studio A

4:00 - 5:00 Nationals Rehearsals
5:00 - 6:00 Nationals Rehearsals
6:00 - 7:00 Nationals Rehearsals
7:00 - 8:00 Int./Adv. Jazz 13+
8:00 - 9:00 Nationals Rehearsals

Studio B

4:30 - 5:15 Lyrical 6-8
5:15 - 6:00 Ballet 6-8
6:00 - 7:00 Jazz 9-12
7:00 - 8:00 Leaps & Turns 9-12

Thursday

Studio A

4:00 - 5:00 Stretch & Strength 13+
5:00 - 6:00 Leaps & Turns 13+
6:00 - 7:00 Hip Hop 13+

Studio B

4:45 - 5:30 Hip Hop 8-12
5:30 - 6:15 Pre-Ballet 3-5

Session 2: July 7 - July 31

Monday

Studio A

4:00 - 5:00

5:00 - 6:00

6:00 - 7:00

7:00 - 8:00

8:00 - 9:00

Pom 12+

Leaps & Turns 9-12

Contemporary 13+

Leaps & Turns 13+

Tap 12+

Studio B

4:30 - 5:15

5:15 - 6:00

6:00 - 7:00

7:00 - 8:00

Jazz 6-8

Ballet 6-8

Ballet 9-12

Pre-Pointe

Tuesday

Studio A

4:00 - 5:00

5:00 - 6:00

6:00 - 7:00

7:00 - 8:00

8:00 - 9:00

Tricks 9-12

Jazz 9-12

Stretch & Strength 9-12

Int./Adv. Jazz 13+

Stretch & Strength 13+

Studio A

4:00 - 4:45

5:00 - 6:00

6:00 - 7:00

Pre-Ballet 3-5

Int./Adv. Ballet 13+

Pointe - all levels

Wednesday

Studio A

4:00 - 5:00

5:00 - 6:00

6:00 - 7:00

Musical Theater 9-12

Lyrical 9-12

Variations 9-12

Studio A

4:30 - 5:00

5:00 - 5:45

5:45 - 6:30

6:30 - 7:15

Baby Ballet

Pre-Ballet 3-5

Lyrical 6-8

Leaps & Turns 6-8

Class Descriptions:

Pre-Ballet (ages 3 – 5) Dance, twirl, and spin to the music while learning ballet basics, creative movement, and rhythmic games.

Ballet (Ages 6 - 8, 9 - 12, 13+) Explore the beauty of ballet while learning ballet foundations or advancing their skills through a traditional ballet class format.

Pointe ALL LEVELS (approval required) Advanced dancers that are approved for pointe class will work on developing or enhancing their pointe skills while strengthening and lengthening their muscles to learn the proper technique of pointe dancing. Pre-pointe dancers are welcome! (Approval required)

Jazz (Ages 6 - 8, 9 - 12, 13+) Explore the rhythms and beats in this fun and energetic class. Dancers will explore a variety of techniques and styles of jazz dance while moving and grooving to the beat.

Jumps/Turns Class (Ages 9 – 12, 13+) This high energy class focuses on the proper technique needed for jumps, leaps, and turns all while learning new sequences!

Contemporary/Lyrical (Ages 6-8, 9-12, 13+) Experience the synergy of lyrical and modern dance as you explore this fun and creative movement style!

Variations (Ages 9-12, 13+) Embrace the classics as dancers focus on learning a variety of classical ballet variations and the history behind ballet.

Stretch & Strengthen (Ages 9-12, 13+) This high energy class focuses on developing strength and muscle tone all while building endurance, flexibility and coordination. This class includes a wide variety of exercises and techniques to help create well-rounded dancers.

Tricks (9-12) Tricks dance combines classical dance technique with acrobatic elements. This class explores the latest moves in the dance world. Have fun while working on exciting new skills and tricks.

Baby Ballet (Ages 18 months – 2 years) This exciting class is a great way to get dancers introduced to the basics of movement, and music in a fun and collaborative parent-child class atmosphere!

Pom (12+) A high-energy class that combines sharp, precise arm movements with dance-based choreography. Dancers will focus on strength, coordination, and performance skills while incorporating elements of jazz and cheer-style motions. Great for those looking to enhance their precision and showmanship!

Tap (Ages 6-8, 9-12, 13+) Step, shuffle, and stomp your way through this rhythm-based dance style! Tap class focuses on musicality, coordination, and footwork while dancers create percussive sounds with their feet. A fun and engaging way to develop rhythm and timing!

Hip Hop (6-8, 9-12) This high energy, fast paced class explores a wide range of hip hop styles set to today's popular music. This class encourages dancers to develop their own style while exploring the various rhythms of their favorite songs.

Children's Dance Camps

*Each day camp is jam-packed with fun activities: making crafts, imagination, learning fun dance steps and more! Explore Arendelle with Elsa and Anna, find your voice with Ariel, show off your best rockstar moves, and much more! There is something for everyone in these fun filled one day camps. Fees for children's dance camp include instruction, crafts, and a snack. Register for just one or all of them! We look forward to dancing with you on a magical adventure this summer! **All camps are for ages 3 – 10. The price is \$35 per camp.***

Camp Sessions: (9:00 am – 12:00 pm)

Princess Dance Camp: June 3rd

Trolls Band Together Dance Camp: June 5th

Taylor Swift Dance Camp: June 10th

Moana Dance Camp: June 12th

Frozen Dance Camp: June 17th

Wicked Dance Camp: June 19th

Barbie Dance Camp: June 24

The Little Mermaid Dance Camp: June 26

Bluey Dance Camp: July 8th

Encanto Dance Camp: July 10th

Descendants Dance Camp: July 15th

Rockstar Dance Camp: July 17th

Minions Dance Camp: July 22

Lilo & Stitch Dance Camp: July 24th

Unicorn Dance Camp: August 5th

Paw Patrol Dance Camp: August 7th



Youth Ballet Intensive Camp!

NDBC is proud to provide professional training opportunities for dancers to study classical ballet. Our MANDATORY summer camp will include intensive skill building, company team building, and choreography sessions for the Youth Ballet Company's 2025 Holiday Show.

(Camp is exclusively for Youth Ballet Company dancers. Audition dates and times TBA - Contact Lauren at lauren.theurer@northdakotaballet.org for more information)

Session:

July 28th - 31st (Monday – Thursday)

Apprentice III and IV

Time: 9:00am - 3:00pm

Price: \$264

Pre-Apprentice, Apprentice I and II

Time: 9:00am - 12:00pm ONLY

Price: \$132

Competition TEAM: Choreography Camp!

NDBC holds a MANDATORY competition team camp for all competitive teams. Teams will work on fun team building exercises, as well as get a jumpstart on learning their competition dances for the 2025/2026 season!

(Camp is exclusively for competition team dancers. Audition dates and times TBA - Contact Natalie at natalie.koch@northdakotaballet.org for more information)

Session:

August 11th - 15th (Monday – Friday)

Diamonds/Emeralds/Jades/Sapphires/Crystals

Time: 9:00am - 3:00pm

Price: \$330

Opals

Time: 9:00am - 12:00pm ONLY

Price: \$165

Pearls are not required for camp but are encouraged to take summer classes.