



North Dakota Ballet Company & Academy

2026 Summer Classes & Camps

Throughout summer sessions dancers will have the opportunity to expand their training by exploring new genres, refining their technical skills, and engaging in creative, dynamic class formats designed to inspire growth.

**A minimum of one session is required for all Competitive Team Dancers to include jazz and ballet. A minimum of one session of ballet is required for all Apprentice/Youth Ballet Company Dancers. Additional sessions and classes are highly encouraged.*

Sessions:

Session I: June 1st – June 25th

Session II: July 6th – July 30th

Prices:

30 min class - \$35 a session

45 min class - \$48 a session

60 min class- \$56 a session

Registration Deadlines:

Session 1: May 31

Session 2: July 4

**Class minimums required.



Session 1: June 1st - June 25th**Monday****Studio A**

4:00pm - 5:00pm Musical Theatre 9-12
 5:00pm - 6:00pm Ballet 9-12
 6:00pm - 7:00pm Tap 10+
 7:00pm - 8:00pm Int./Adv. Jazz 13-18
 8:00pm - 9:00pm Hip Hop 13-18

Studio B

4:00pm - 4:30pm Baby Ballet
 4:30pm - 5:15pm Ballet 6-8
 5:15pm - 6:00pm Pre-Ballet 3-5
 7:00pm - 8:00pm Adult Tap

Tuesdays**Studio A**

4:00pm - 4:45pm Pre-Ballet 3-5
 5:00pm - 6:00pm Pre-Pointe 10-18
 6:00pm - 7:00pm Int./Adv. Ballet 13-18
 7:00pm - 8:00pm Pointe - all levels

Studio B

4:15pm - 5:00pm Jazz 6-8
 5:00pm - 5:45pm Lyrical 6-8
 6:00pm - 7:00pm Leaps & Turns 9-12
 7:00pm - 8:00pm Stretch & Strength 9-12

Wednesdays**Studio A**

4:00pm - 5:00pm Jazz 9-12
 5:00pm - 6:00pm Lyrical 9-12
 6:00pm - 7:00pm Leaps & Turns 13-18
 7:00pm - 8:00pm Dance Team/Pom 13-18
 8:00pm - 9:00pm Latin Jazz 13-18

Studio B

5:15pm - 6:00pm Leaps & Turns 6-8
 6:00pm - 7:00pm Tricks 9-12
 7:00pm - 8:00pm Adult Contemporary

Thursdays**Studio A**

5:00pm - 6:00pm Stretch & Strength 13-18
 6:00pm - 7:00pm Contemporary 13-18
 7:00pm - 8:00pm Adult Ballet

Studio B

5:00pm - 6:00pm Hip Hop 8-12
 6:00pm - 7:00pm Dance Team/Pom 9-12
 7:00pm - 8:00pm Tricks/Acro 13-18

Session 2: July 6th - July 30th**Monday****Studio A**

4:00pm - 4:45pm Pre-Ballet 3-5
 5:00pm - 6:00pm Pre-Pointe 10-18
 6:00pm - 7:00pm Leaps & Turns 13-18
 7:00pm - 8:00pm Contemporary 13-18
 8:00pm - 9:00pm Hip Hop 13-18

Studio B

4:30pm - 5:15pm Lyrical 6-8
 5:15pm - 6:00pm Jazz 6-8
 6:00pm - 7:00pm Ballet 9-12
 7:00pm - 8:00pm Lyrical 9-12

Tuesdays**Studio A**

4:00pm - 5:00pm Tricks 9-12
 5:00pm - 6:00pm Jazz 9-12
 6:00pm - 7:00pm Int./Adv. Jazz 13-18
 7:00pm - 8:00pm Stretch & Strength 13-18
 8:00pm - 9:00pm Adult Contemporary

Studio B

4:15pm - 5:00pm Leaps & Turns 6-8
 5:00pm - 5:45pm Ballet 6-8
 6:00pm - 7:00pm Stretch & Strength 9-12
 7:00pm - 8:00pm Hip Hop 8-12

Wednesdays**Studio A**

4:00pm - 5:00pm Tap 10-18
 5:00pm - 6:00pm Leaps & Turns 9-12
 6:00pm - 7:00pm Adult Latin Jazz
 7:00pm - 8:00pm Dance Team/Pom 13-18
 8:00pm - 9:00pm Latin Jazz 13-18

Studio B**Thursdays****Studio A**

5:00pm - 6:00pm Dance Team/Pom 9-12
 6:00pm - 7:00pm Int./Adv. Ballet 13-18
 7:00pm - 8:00pm Pointe - All Levels

Studio B

4:30pm - 5:00pm Baby Ballet
 5:00pm - 5:45pm Pre-Ballet 3-5
 6:00pm - 7:00pm Musical Theatre 9-12
 7:00pm - 8:00pm Adult Ballet

Class Descriptions:

Baby Ballet (Ages 18 months – 2 years). This exciting class is a great way to get dancers introduced to the basics of movement, and music in a fun and collaborative parent-child class atmosphere!

Pre-Ballet (ages 3 - 5) Dance, twirl, and spin to the music while learning ballet basics, creative movement, and rhythmic games.

Ballet (Ages 6 - 8, 9 - 12, 13+) Explore the beauty of ballet while learning ballet foundations or advancing their skills through a traditional ballet class format.

Pointe ALL LEVELS (approval required) Advanced dancers that are approved for pointe class will work on developing or enhancing their pointe skills while strengthening and lengthening their muscles to learn the proper technique of pointe dancing. Pre-pointe dancers are welcome! (Approval required)

Jazz (Ages 6 - 8, 9 - 12, 13+) Explore the rhythms and beats in this fun and energetic class. Dancers will explore a variety of techniques and styles of jazz dance while moving and grooving to the beat.

Leaps/Turns Class (Ages 9 - 12, 13+) This high energy class focuses on the proper technique needed for jumps, leaps, and turns all while learning new sequences!

Contemporary/Lyrical (Ages 6 - 8, 9 - 12, 13+) Experience the synergy of lyrical and modern dance as you explore this fun and creative movement style!

Variations (Ages 9-12, 13+) Embrace the classics as dancers focus on learning a variety of classical ballet variations and the history behind ballet.

Stretch & Strengthen (Ages 9 - 12, 13+) This high energy class focuses on developing strength and muscle tone all while building endurance, flexibility and coordination. This class includes a wide variety of exercises and techniques to help create well-rounded dancers.

Tricks (9 - 12, 12+) Tricks dance combines classical dance technique with acrobatic elements. This class explores the latest moves in the dance world. Have fun while working on exciting new skills and tricks.

Latin Jazz (Ages 9 - 12, 13+) Learn the elements of Latin dance fused with jazz dance styling for a fun, high energy class.

Hip Hop (6 - 8, 9 - 12) This high energy, fast paced class explores a wide range of hip hop styles set to today's popular music. This class encourages dancers to develop their own style while exploring the various rhythms of their favorite songs.

Dance Team/Pom (9-12, 13+) is designed for dancers who want to train in the fast-paced, precision-based style seen in high school, collegiate, and competitive dance teams. Class includes conditioning, kick technique, leaps, turns, pom motion drills, and dynamic choreography.

Children's Dance Camps

Each day camp is jam-packed with fun activities: making crafts, imagination, learning fun dance steps and more! Explore Arendelle with Elsa and Anna, explore the ocean with Moana and SpongeBob, save the day with Spidey and Friends, and much more! There is something for everyone in these fun filled one-day camps.

Fees for children's dance camp include instruction, crafts, and a snack. Register for just one or all of them! We look forward to dancing with you on a magical adventure this summer! **All camps are for ages 3 – 10.**



Time: 9:00 – 12:00

Price: \$38 per camp

Camp Sessions:

- Zootopia Dance Camp: June 2nd
- Princess Dance Camp: June 4th
- K-Pop Demon Hunters Dance Camp: June 9th
- Taylor Swift Dance Camp: June 11th
- Peppa Pig Dance Camp: June 16th
- Frozen Dance Camp: June 18th
- Bluey Dance Camp: June 23rd
- Rapunzel Dance Camp: June 25th
- Gabby's Dollhouse Dance Camp: June 30th
- Wicked Dance Camp: July 14th
- Spidey & Friends Dance Camp: July 16th
- Tinkerbell Dance Camp: July 21st
- SpongeBob Dance Camp: July 23rd
- Descendants Dance Camp: July 28th
- Moana Dance Camp: July 30th

Competition TEAM: Choreography Camp!

NDBC holds a **MANDATORY** competition team camp for all competitive teams. Teams will work on fun teambuilding exercises, as well as get a jumpstart on learning their competition dances for the 2026/2027 season!

(Camp is exclusively for competition team dancers. Audition dates and times TBA - Contact Natalie at natalie.koch@northdakotaballet.org for more information.)

DATES:

August 10th – August 14th (Monday – Friday)

TIMES:

Specific times for each dancer will depend on the group(s) they are assigned to at auditions.

***Group A will not be required to attend camp**

Youth Ballet Intensive Camp

NDBC is proud to provide professional training opportunities for dancers to study classical ballet. Our **MANDATORY** summer camp will include intensive skill building, company teambuilding, and choreography sessions for the Youth Ballet Company's 2026 Holiday Show.

(Camp is exclusively for Youth Ballet Company dancers. Audition date and times TBA - Contact Lauren at lauren.theurer@northdakotaballet.org for more information.)

DATES:

July 6th – July 9th (Monday-Thursday)

TIMES:

Pre-Apprentice & Apprentice I: 12:00pm – 3:00pm

Apprentice II: 10:30am – 3:00 pm

Apprentice III & IV: Time: 9:00am – 3:00pm

Please Note: *camp costs for each program will be released very soon*